



Planning for the Future
ABC Birthmother Services

Pregnant? We are here to help.

Are you ready to be a parent? What's really best for your baby and for you? Could adoption be the answer?

It can be confusing to decide what to do when faced with an unplanned pregnancy. It is our goal to inform you of all your options and provide you with the support and resources you need.

How can we help you as you make an important decision about your child?

We offer FREE birthmother services that will assist you throughout your pregnancy, delivery and after delivery:

- Birthmother Counseling as often as you need our services
- Pre-natal Counseling/Education
- Community Resources if you need help with life planning or other needs
- Career Counseling to help you with your goals and finding a job
- Post-Delivery Counseling

Everything you share with us will be confidential. You don't have to come to our office. We can chat online or by phone, email or meet you in a place that feels most comfortable. Whether you are sure adoption is for you or just want to learn more, we are here to help.

To learn more, please connect with us. Call us at 1-800-632-9312.

Sincerely,

Susan Fox

Susan Fox, executive director